Babesiosis

2007 Maryland Case Definition

BABESIOSIS

Reportable in Maryland effective 10/8/2007

Disease

Babesiosis is a tick-borne parasitic disease that infects red blood cells and is caused by protozoan parasites of the genus *Babesia*, most commonly *Babesia microti*. It is transmitted by the bite of an infected black-legged tick, *Ixodes scapularis*.

Clinical description

Most infections are probably asymptomatic. Manifestations of disease include fever, chills, sweating, myalgias, fatigue, hepatosplenomegaly, hemolytic anemia and jaundice. Symptoms typically occur after an incubation period of 1 to 4 weeks, and can last several weeks. The disease is more severe in patients who are immunosuppressed, splenectomized, and/or elderly. Infections caused by *B. divergens* tend to be more severe (frequently fatal if not appropriately treated) than those due to *B. microti*, where clinical recovery usually occurs.

Laboratory criteria for diagnosis

- 1. Identification by light microscopy of intraerythrocytic *Babesia* parasites in a peripheral blood smear.
- 2. Demonstration of Babesia DNA in a whole blood specimen by polymerase chain reaction (PCR) analysis.
- 3. Demonstration of a positive *Babesia*-specific antibody titer with an indirect fluorescent antibody (IFA) assay for total immunoglobulin or IgG.

Case classification (This case classification is for surveillance purposes only; it is not intended to be used in clinical diagnosis.)

Probable: A clinically compatible case with a single positive Babesia-specific antibody titer.

Confirmed: A clinically compatible case that is laboratory confirmed by:

- a) identification by light microscopy of intraerythrocytic Babesia parasites in a peripheral blood smear, or
- b) demonstration of Babesia DNA in a whole blood specimen by PCR analysis, or
- c) a fourfold change in Babesia-specific antibody titer in paired serum samples drawn 2-4 weeks apart.

Suspect: A single positive Babesia-specific antibody titer in the absence of clinical signs compatible with babesiosis.

Babesiosis Case Report Maryland Department of Health and Mental Hygiene										NEDSS #			
		CONTACT by ☐ Mail											
DATE PHYSICIAN		□Fax											
THOUAN													
ADDRESS	□Telephone												
Dear	Effective October 2007, babesiosis is reportable in Maryland (COMAR 10.06.01.03).												
The	_ Health Department has received your patient's positive serology. Please assist us in the case												
investigation by completing the Clinical Signs, Symptoms and Risk section; and return this form by fax to													
NAME OF PATIENT - LAST FIRST			М	DATE OF BIRTH MONTH DAY YEAR				AGE	SEX M 🗆	☐ HISPANIC or LATINO:			
			F D					YES 🗆	NO 🗆	UNKNOWN 🗆			
TELEPHONE NUMBERS Home: Workplace:					ACE (Select one or more. If multiracial, select all that ap White □ Am Indian/Alaskan Native □ ack/African American □ Asian □ Pacific Islander □						oply) Unknown □ Other □ (Specify):		
ADDRESS	CITY OR TOWN	TOWN STATE ZIP CODE							COUNTY				
CONDITION ACQUIRED IN MARYLAND?	TRAVEL in		DIEC	IED DAT			VEAD	PREGNAM		IKNOWN 🗆 - I	NOT APPLICABLE		
YES □ NO □ UNKNOWN □				NC	NO 🗆				WEEKS PREGNANT DUE DATE				
Laboratory Data													
CASE CLASSIFICATION (for surveillance purposes only)						I	Date col	lected:					
□ CONFIRMED					Name of laboratory:								
A clinically compatible						,							
 Blood smear positive for B 			Babesia, or	esia, or Yes No					TITE	TITER Positive?		FITER Positive?	
Positive Babesia PCR as:			,,				IEA To	tal la				☐ YES ☐ NO	
Fourfold change in antibod			ody titer by IFA	☐ Yes	Yes □ No IFA-To			Totalig			☐ YES		
□ PROBABLE			IFA- IgG					□ N	0	□ NO			
A clinically compatible cas	by IFA.							☐ YES		☐ YES			
□ SUSPECT	of clinical signs		IFA- IgM					□ N	0	□ NO			
A single positive Babesia-specific antibody titer in the absence of NOT A CASE			of chilical signs.							☐ YE	ES	☐ YES	
= HOTA GAGE							Other te	st			0	□ NO	
DATE OF ONSET		Clinical	Clinical Signs Symptoms:		ptoms Risk Fa								
MONTH DAY YEA	IR.	F						Tick	hite within	last 2 mor	nths □Ye	es 🗌 No 🔲 Unk	
		Fever	☐Yes ☐ No ☐ Ur		History of splenecto								
HOSPITALIZED DATE ADMITTED MONTH DAY YEAR		Myalgia	☐Yes ☐ No ☐ Ur		Recent blood transfusion							es No Unk	
YES		Anemia	☐Yes ☐ No ☐ Ur		Underlying immunosuppressive condition prese								
□ NO		Jaundice		□Yes □ No □ Unk								es NO Olik	
HOSPITAL		Hepatomegaly	☐Yes ☐ No ☐ Ur	I les I NO Olik				condition				oo 🗆 No 🗀 Llak	
		Splenomegaly	☐Yes ☐ No ☐ Ur	nk						Other Other		es No Unk	
		Yes No U								0	mer ∐Y€	es 🗌 No 🔲 Unk	
			☐Yes ☐ No ☐ Unk										
REPORTED BY		ADDRESS	1					TELEPHO	NE NUME	BER		DATE OF REPORT	
												MONTH DAY YEAR	
□ Check here if completed by the Health Department													